

## " Play is our brain's favourite way of learning"

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Forest school uses the great outdoors as its classroom and nature as its store cupboard. Children are encouraged to explore, observe and question the natural environment around them, increasing their independence, and connection with the environment.

Natural play encourages problem solving and discovery, child led learning at its best. Through small achievable activities, children have the opportunity to succeed, developing confidence, motivation and self – esteem.

Forest school encourages children to take responsibility for themselves and others, to understand risk and how to make appropriate choices. They will learn to work with others, develop social and emotional skills and resilience.

We are committed to recognising the individuality of every child and giving every child the opportunity to enjoy the benefits of outdoor learning. We will actively work to support children in meeting their full potential, irrespective of age, ability, gender, race, disability or background.

## We will;

- Ensure equal access for all
- Employ a range of methods to meet preferred learning styles and individual needs.
- Value the contribution of every child and celebrate it.
- Use positive praise at every opportunity to ensure each child benefits from positive self-esteem.
- Encourage responsibility for their actions, making appropriate choices and increasing independence.